

Abstract

Food prices have always been an issue not only in Trinidad and Tobago but all over the world. It is said that food prices are always increasing and it affects everyone. This research studies the impact food prices have on households in a rural area, La Brea in Trinidad and Tobago.

The study was done using a systematic random sampling approach with the use of sixty questionnaires. It comprised of thirty-three questions with three parts; general characteristics, opinion about food prices and impact of food prices.

After the study was completed the positive and negative impacts were determined. Although there should have been a larger sample to enhance the study.