

ABSTRACT

HIV/AIDS Prevention Education in Trinidad & Tobago Secondary Schools: The Role of Abstinence Clubs

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This study sought to examine the role of abstinence clubs among adolescents at secondary schools in Trinidad. Data were collected through questionnaires administered to 161 students from 12 secondary schools. It was determined that no sound conclusions could be drawn regarding the efficacy of this type of intervention, because of the small sample of sexually active abstinence club members in the study, and the limitations of using a survey. It was recommended that there should not be a dependence on abstinence clubs as the only method of promoting healthy sexual behaviour in secondary schools since their reach is limited.

Keywords: Role analysis; Abstinence clubs; AIDS education; Secondary school students; HIV/AIDS; Trinidad and Tobago