

ABSTRACT

An Investigation of Negative Body Image Concept of Adolescent Girls in Trinidad and Tobago

Debbie Charles-Jordan

This study investigated the prevalence of negative body image concept and the behaviours of adolescent girls in Trinidad and Tobago (T&T). It focused on the review of international studies on adolescent girls' body image perception, and on the design of a study for T&T.

Keywords: Adolescents; Girls; Female students; Self concept; Female adolescents; Physical characteristics; Research design; Literature reviews; Trinidad and Tobago