

ABSTRACT

The Perspectives of Men on Compliance to NCD Medication in a Rural Community, North-East Trinidad

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This qualitative case study of five (5) male participants from the Men's Health Clinic explored how the perspectives, culture, socioeconomic status, and masculinity or gender roles of men affected compliance with NCD medication in a rural community in North-East Trinidad. Data was collected using online semi-structured interviews. The results showed that men had a positive view of NCD medication. However, neither this positive outlook, the views of other men, social support, socioeconomic status, nor the level of education influenced compliance. Side effects of NCD medication were the main militating factor to compliance, while the desire to live a long life was the main facilitating factor.

Keywords: Men's health; NCD education