

ABSTRACT

The impact of high food prices on households in Trinidad and Tobago?

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This project ideally focuses on the increases of high food prices in rural areas in Trinidad and Tobago and how it has affected households. Rural areas have a closer link to the agriculture sector and therefore have more significant impacts from these increases in prices. It will identify how households in this area have derived alternative methods of food purchasing and obtaining foodstuff. It will also take into consideration that these impacts can be both negative and positive.

This research will be conducted in the rural area of Fyzabad, South Trinidad. A total of 50 questionnaires will be distributed randomly amongst the residents of Fyzabad. The data collected will be thoroughly analyzed and then interpreted accurately by the researcher to produce the findings of the survey. With the identification of the impacts of the increases in food prices, this survey can exemplify possible recommendations and solutions.

Based on the information gathered, households have found that there is a major increase in food prices. This increase in food prices have resulted in several alternatives derived by the household to maintain usual diet as well as sacrificing unnecessary items consumed. Most households have considered and even started personal agricultural practices to reduce their monthly spending on food. Government investing in the agricultural sector was a means of reducing this increase in food prices.

In order to achieve a better perception of the impacts of high food prices in Trinidad and Tobago, a more in depth research has to be conducted due to the fact that this project only

focuses on one particular area. The assessment of this issue will vary depending on different areas of the country.