

## ABSTRACT

### SOS for SSR: A Case for Sustained Silent Reading in 'A' Level Classrooms

*Nisha Haley Thomas*

This study examined the impact of Sustained Silent Reading (SSR) on the reading habits of 20 students at a two-year sixth form school in North-Western Trinidad. It sought to determine the participants' beliefs; the factors, within the parameters of the SSR, which facilitated any increased practice of reading; and the factors that may have been inhibiting the practice of reading. Data were collected through interviews, surveys, observations, and participants' artefacts. The research revealed that the practice of reading among students who did or did not enjoy reading increased, since the time and opportunity to read, as afforded by the 15 minutes of the SSR, provided motivation to read.

**Keywords:** Secondary school students; Case studies; Reading habits; Student attitudes; Sixth Forms; Silent reading; Trinidad and Tobago