

ABSTRACT

This study examined predictors of burnout among Jamaican school administrators. In addition to describing the nature of burnout, the writer was also interested in finding out which of the selected independent variables was the best predictor of burnout.

In order to focus the investigation, two research questions were posed and eight hypotheses formulated as follows:

RESEARCH QUESTIONS

1. What is the nature of burnout among school administrators?
2. To what extent do Workload, Job Challenge, Role Clarity and Job Satisfaction predict burnout among school based administrators?

HYPOTHESES

1. Female administrators experience higher levels of burnout than male administrators.
2. Older administrators experience higher levels of burnout than younger ones.
3. More experienced administrators experience less burnout than less experience ones.
4. More qualified administrators experience less burnout than less qualified ones.
5. Secondary school administrators experience more burnout than their Primary School counterparts.