## Abstract

The study of risk mitigation amongst farmers in Trinidad and Tobago was successfully done. Interviews were conducted to the responsive individuals and necessary data was gathered. Aims and objectives of the study were achieved and recommendations were given. The problem investigated was the risk associated with farming and how could they be mitigated in anyway to aid farmers in making their livelihoods easier in dealing with various hazards. This problem was handled by conducting a survey of a smaller population than the whole and gathering information form this material. When information was gathered the data was then used in attaining tabulations of needed outcomes in researching risk mitigation. Other researches were conducted before and reference was drawn from these information. Information was gathered before my methods of research were conducted. The results could help in risk mitigation and imply that the situation can be handled and dealt with accordingly.