

ABSTRACT

The Impact of Burnout Amongst Healthcare Workers of The South-West Regional Health Authority During the Covid-19 Pandemic

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The aim of this study was to investigate the presence of burnout among healthcare workers in South Trinidad during the COVID-19 pandemic. Data were collected from 120 participants using an online, cross-sectional survey. The data was analyzed using SPSS. Findings revealed high emotional exhaustion (32.5%), depersonalization (7.5%), and low personal accomplishment (52.5%) among workers. There was no difference in the level of burnout by gender. There was a difference in depersonalization among physicians (74.80), enrolled nursing assistants (61.33), registered nurses (55.28), and district health visitors (43.18), $p = 0.020$.

Keywords: Burnout; Pandemic; COVID-19; Healthcare Workers