

## ABSTRACT

Knowledge, Attitudes and Practice  
of  
Occupational Health Nurses to Health Promotion  
at the Workplace  
and  
Implications for Control of Lifestyle Diseases  
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This study was carried out among occupational nurses who are primary care givers in the workplace. The study investigated knowledge, attitudes and practice concerning Health Promotion at the workplace and the implications for control of lifestyle diseases. Forty registered nurses, seven enrolled nurses and five practical nurses working in organizations producing, goods and services, community & personal services, hotel & restaurant services, answered a self administered questionnaire. The results indicate that there were health promotion activities at the workplace. Scores for attitude were high, but there existed some dearth in Knowledge. This positive attitude appears to fuel the health promotion work of Occupational Health Nurses in Jamaica. When taken into account, the findings of this study, suggest the need for formal training programs for Occupational Health Nurses which can assist them to develop more effective and cost-efficient programs that can make significant impact on chronic non-communicable diseases and stress management.