

ABSTRACT

Health Problems, Practices And Needs Of Adolescents In St. James

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Understanding the health problems practices and the needs of adolescents is a necessary part in the development of relevant and effective health programmes. This study was carried out in the parish of St. James during the period December 1990 to April 1991. One hundred adolescents were interviewed and health services records were used to identify the common health problems practices and needs of the adolescents. Underlying the study was the assumption that adolescents have many health problems but that they under-utilise the available health services. The findings showed that adolescents have many health problems and that they utilise the health services. Most of the problems were associated with their practices. Adolescents are eager to know more about these problems. The need to develop effective health education programmes with adolescents, health and education providers has been recommended.