

## **ABSTRACT**

### **An Assessment of Students' Attitudes Towards the Practical Dimension of the Physical Education Programme: A Study of a Selected Form 3 Class of High School Students in a Denominational School ('School X') in Central Trinidad**

*Elizabeth Shade*

This study sought to determine Form 3 students' attitudes towards the practical dimension (practicum) of Physical Education at a co-educational, denominational secondary school in Central Trinidad. Data were collected through a questionnaire administered to a class of 33 students (14 males; 19 females). The findings indicated that the students placed a high value on the practical aspect of physical education and ultimately possessed a positive attitude towards physical education and physical activities.

**Keywords:** Physical education; Physical activities; Student attitudes; Secondary school students; Denominational schools; Coeducational schools; Trinidad and Tobago