

ABSTRACT

Students' Perceptions of Health and Family Life Education Classes in Two Schools in Antigua

Maureen L. Lewis

This qualitative case study sought to investigate students' perceptions regarding the impact and capacity of the Health and Family Life Education (HFLE) programme at two secondary schools in Antigua to engender students' behaviour change and enhance sexual safety, based on the strategies it currently employs. Data were collected through discussions held with two focus groups, each comprising 10 students who had been exposed to sessions for between two and three years. The overall finding was that the students had had positive experiences which they attributed to the HFLE curriculum, their teachers, and the interactive and participatory approaches used in the delivery of the sessions. However, more could be done, especially in providing more information in the area of HIV/AIDS.

Keywords: Health and family life education; Case studies; Student attitudes; Perceptions; Programme evaluation; Antigua and Barbuda