ABSTRACT

Knowledge Attitude and practice of men age 16 – 45 years towards Family Planning at

Four Health Centres in Kingston and St Andrew

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The study was conducted over a two (2) month period, February – March 2004 to
determine the knowledge attitude and practice of men age 16 – 45 years towards Family
Planning at four health centres in Kingston and St Andrew Health Department, Jamaica.

A Knowledge Attitude and Practice study (KAP) was done using a structured interviewer
administered questionnaires, which was applied to 150 respondents. Two (2) focus group
discussions were conducted with in the target group age 16 – 45 years.

The study revealed that 88.7% of the men responded that family planning prevents
unwanted pregnancy, 87.3% makes couples decide when and how many children they
want to have and 64.7% disagree that it prevents men from becoming father.

The findings also showed that 95.3% (143) of the men were knowledgeable about
condoms 67.3% (101 and 60.7% (91) for pills and injection respectively only 18.7% (28)
knew about vasectomy and Norplant and Calendar method were least known by the
respondents. Most of the respondents obtained family planning from pharmacy 31.3%
(47) followed by 26.7% (40) from shops and only 20.7% from health centre.