

ABSTRACT

An Exploration of Adolescent Self-Concept at a Rural Co-ed Secondary School in Eastern Trinidad

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This extended literature review explored adolescent self-concept at a rural secondary school in East Trinidad. The findings suggest that a lack of self-esteem, self-efficacy, and self-control contribute to poor self-concept, which resulted in the retardation of adolescent development.

Keywords: Self concept; Adolescents; Secondary school students; Literature reviews; Trinidad and Tobago