

## **ABSTRACT**

In this study an examination of how the increase in food prices are affecting households in Trinidad was carried out within the community of Morne Diablo. A sample of 50 respondents was used to carry out the study which was executed at the above location. Recently over the past years, food prices have begun to increase and as a result the researcher decided to perform an investigation into the matter. The researcher wanted to determine what are the causes for the sudden increase in the food prices, whether it is having an impact on the households in Morne Diablo, Trinidad, what are the effects and what measures can be taken by the relevant authorities to address the problem. In order to properly carry out the investigation the researcher decided to practice simple random sampling. Simple random sampling is one of the simplest survey methods used to carry out investigations by researchers. It allows almost every member of the population an equal chance of being selected. For the purpose of this research not everyone in the population could be interviewed or selected therefore the researcher decided to take samples from every three homes. One in every three homes was interviewed by the researcher in order to gain samples. To collect and record the data the use of questionnaires containing both open and close ended questions were used by the researcher. This allowed for specific results to be obtained from the respondents and also gave them the opportunity to express their views and concerns pertaining to the matter.

It was found that the high food prices were having both positive and negative impacts on households. The negative impacts were most dominant with very few members giving some positive effects. Because of the many negative effects the high food prices are having on the households, the researcher believes that a lot needs to be done by the relevant authorities to deal with the area of concern.