

ABSTRACT

The relationship between
Teachers' General Stress, Mathematics
Teaching Stress and Primary School
Pupils' Achievement

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Over the years, studies have been conducted in order to ascertain the presence, the reasons and the causes of stress levels among teachers. The present study was conducted with the hope of initially identifying the presence of stress levels among teachers of Trinidad and Tobago; and to list the influencing factors. The study revealed that there are teachers who showed stress within the stress ranges of high, moderate and low. The study attempted to separate general stress and teacher stress by developing a Researcher Made Stress Profile which focussed on the main activities of a teacher such as the presentation and probing of a lesson. In addition, the learning and teaching of Mathematics by pupils and teachers were observed. Chi square value at a significant level of 0.05 was used to determine the relationships. The data confirmed some previous findings and suggested that pupil behaviour and employee/administrator relationship are possible stressors.